ABSTRACT OF THE DISCLOSURE

A method of manufacturing a lighting unit in which a plurality of illuminants are arranged on the concave face of a board formed into the shape of a hollow truncated cone. The method includes the steps of holding a flexible circular printed circuit board having a concentric circular hole and a cutout with at least two sides in a planar state, embedding a plurality of illuminants in the board, and jointing one side of the cutout and the other side of the cutout or holding both sides of the cutout in close contact so as to place the illuminants in a side of the concave face of the board.